

I-800-U-BAKE-THEM WWW.BONZERS.COM

# THE BREAKFAST BONZER®

# THE SNACK KIDS LOVE TO EAT! A GREAT ALTERNATIVE TO A MUFFIN!

ALL NATURAL • REDUCED FAT • 100% WHOLE GRAIN • 29g of WHOLE GRAINS

### EACH 2.5 OZ BONZER = 1.85 GRAINS (OZ EQ)

### Commitment to a Healthier Breakfast Alternative

- Exceeds 30-10-30 requirements
- Good source of fiber (15% DV)
- Good source of calcium (10% DV)
- Great source of Vitamins A (25% DV) and D (25% DV)
- All natural, no artificial colors or preservatives
- Made with real fruit and real chocolate

### **Commitment to Quality**

**Expertise -** Each recipe is created by Chef Michael, our Austrian pastry chef, who has more than 45 years of culinary experience

**Flavor** - #I in taste and texture using the highest quality ingredients including real vanilla and Guittard chocolate

Consistency - Uniform size and quality in each Breakfast Bonzer

### Commitment to Value

**Convenience** - Frozen portioned dough for easy baking (no thawing) - Also available in Individually Wrapped (IW) - just thaw and serve

**Cost Effective** - Layered and counted packing for exact food costs

Flavor	Description	2.5 oz
Apple Cinnamon	Round, Dough	52524
Double Chocolate Chip	Round, Dough	52526
Aloha Pineapple	Round, Dough	52537
Apple Cinnamon	Round, Baked Bulk	52224
Double Chocolate Chip	Round, Baked Bulk	52226
Aloha Pineapple	Round, Baked Bulk	52237
Apple Cinnamon	Round, IW	52324
Double Chocolate Chip	Round, IW	52326
Aloha Pineapple	Round, IW	52337
Apple Cinnamon	Bar, Dough	59021
Aloha Pineapple	Bar, Dough	59071
Apple Cinnamon	Bar, Baked Bulk	59221
Aloha Pineapple	Bar, Baked Bulk	59271
Apple Cinnamon	Bar, IW	59321
Aloha Pineapple	Bar, IW	59371





### **Baking Instructions**

CONVECTION	CONVENTIONAL	RACK
300° F	350° F	380° F
14-15 MINUTES	14-15 MINUTES	14-15 MINS

 $IMPORTANT: Oven \ temperatures \ may \ vary. \ Preheat \ oven \ and \ check \ temperature \ with \ an \ oven \ thermometer \ before \ baking.$ 

### **Packaging Information**

CASE SIZE	14 X 12.5 X 5.5"		12.75 X 12 X 4.5"			
	DOUGH ROUND	DOUGH BAR	BULK ROUND	IW ROUND	BULK BAR	IW BAR
UNIT SIZE	2.5 OZ	2.5 OZ	2.5 OZ	2.5 OZ	2.5 OZ	2.5 OZ
CASE PACK	125	140	48	48	84	72
NETWT	19.5 LBS	21.9 LBS	7.5 LBS	7.5 LBS	13.1 LBS	11.25 LBS
GROSS WT	20.4 LBS	22.8 LBS	8.5 LBS	8.5 LBS	14 LBS	12 LBS
CUBE	.56	.56	.40	.40	.40	.40
PALLET LOAD	99 CS	99 CS	135 CS	135 CS	135 CS	135 CS

### MADE IN U.S.A.







**Bonzers Bags available!** 

## THE BREAKFAST BONZER

### **BREAKFAST BONZER BAR APPLE CINNAMON**

### **Nutrition Facts**

Serving Size 1 (71g/2.5oz) Servings Per Container 1

Amount	Per	Serv	ing
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Calories 250	Calorie	es from Fat 60
		% Daily Value*
Total Fat 6g		10%
Saturated Fat 2.5	<del>5</del> g	13%
Trans Fat 0g		
Cholesterol 20mg	9	7%
Sodium 50mg		2%
Total Carbohydra	<b>te</b> 44g	15%
Dietary Fiber 4g		17%
Sugars 19g		
Protein 4g		
Vitamin A 25% Calcium 10%	•	Vitamin C 0%
Calcium 10 /0	-	11011 0 /0

<sup>\*</sup> Percent Daily Values are based on a 2,000 calorie diet.

Vitamin D 25%

100% WHOLE WHEAT FLOUR, BROWN SUGAR, WHOLE OATS, DRIED APPLES, UNSWEETENED APPLESAUCE, REDUCED FAT CREAM CHEESE (PASTEURIZED MILK AND CREAM, CHEESE CULTURES, SALT, STABILIZERS [XANTHAN GUM, AND/OR CAROB BEAN AND/OR GUAR GUMS]), INVERT SUGAR, EGGS, UNSALTED BUTTER, NATURAL MARGARINE (LIQUID AND PARTIALLY HYDROGENATED SOYBEAN OIL, WATER, SALT, SOY LECITHIN (AN EMULSIFIER), BETA CAROTENE [COLOR], VITAMIN A PALMITATE ADDED, DAIRY WHEY), NATURAL VANILLA FLAVOR, NATURAL APPLE FLAVOR, CINNAMON, SOY LECITHIN (AN EMULSIFIER), WATER, NATURAL GUMS (XANTHAN GUM, SODIUM ALGINATE, GUAR GUM). FORTIFIED WITH VITAMIN A PALMITATE, VITAMIN D3, AND DICALCIUM MALATE

CONTAINS: EGGS, DAIRY, SOY, AND WHEAT. GOOD MANUFACTURING PRACTICES WERE USED TO SEGREGATE INGREDIENTS IN A FACILITY THAT ALSO PROCESSES PEANUT AND TREE NUT INGREDIENTS.

> 24% CALORIES FROM FAT 9% CALORIES FROM SATURATED FAT 27% OF SUGAR BY WEIGHT

### **BREAKFAST BONZER BAR ALOHA PINEAPPLE**

### Nutrition Facts

Serving Size 1 (71g/2.5oz) Servings Per Container 1

### **Amount Per Serving**

Calories 250	Calories from Fat 60
	% Daily Value*
Total Fat 7g	10%
Saturated Fat 2.5	g <b>13</b> %
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 45mg	2%
Total Carbohydrate	e 45g <b>15</b> %
Dietary Fiber 4g	15%
Sugars 19g	
Protein 4g	

Vitamin A 25%	Vitamin C 2%
Calcium 10%	Iron 6%
Vitamin D 25%	

<sup>\*</sup> Percent Daily Values are based on a 2,000 calorie diet.

### Ingredients:

100% WHOLE WHEAT FLOUR, BROWN SUGAR, WHOLE OATS, DRIED PINEAPPLES (PINEAPPLES AND EVAPORATED CANE JUICE), UNSWEETENED APPLESAUCE, REDUCED FAT CREAM CHEESE (PASTEURIZED MILK AND CREAM, CHEESE CULTURES, SALT, STABILIZERS [XANTHAN GUM, AND/OR CAROB BEAN AND/OR GUAR GUMS]), INVERT SUGAR, EGGS, UNSALTED BUTTER, NATURAL MARGARINE (LIQUID AND PARTIALLY HYDROGENATED SOYBEAN OIL, WATER, SALT, SOY LECITHIN [AN EMULSIFIER], BETA CAROTENE [COLOR], VITAMIN A PALMITATE ADDED, DAIRY WHEY), NATURAL VANILLA FLAVOR, NATURAL PINEAPPLE FLAVOR, SOY LECITHIN (AN EMULSIFIER), WATER, NATURAL GUMS (XANTHAN GUM, SODIUM ALGINATE, GUAR GUM). FORTIFIED WITH VITAMIN A PALMITATE, VITAMIN D3, AND DICALCIUM

CONTAINS: EGGS. DAIRY, SOY, AND WHEAT, GOOD MANUFACTURING PRACTICES WERE USED TO SEGREGATE INGREDIENTS IN A FACILITY THAT ALSO PROCESSES PEANUT AND TREE NUT INGREDIENTS.

> 24% CALORIES FROM FAT 9% CALORIES FROM SATURATED FAT 27% OF SUGAR BY WEIGHT

All Bonzers products are zero grams trans fat.

We test bake each batch in our HACCP approved facility to ensure you receive only the finest product.

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